



SOUTH BAY FOOTBALL WEEKLY

08/04/2025



It was good seeing everyone at the clinic last Saturday.

Upcoming Meetings

Tuesday, August 5 – Football Meeting #2 at El Segundo High School in the Little Theater

Thursday, August 7 – Flag Meeting #3 via Zoom

(<https://us06web.zoom.us/j/82175635524?pwd=gC8JxIRJLwweM2B5TNISQsOhzKrHbb.1>)

Tips for Communicating with Head Coaches:

- a. Never, never, never ignore a coach's request. You may have to inform the coach that you will have to wait a play or two to get the information to-or-from the other officials, but never ignore!
- b. Make eye contact. A coach wants to be assured that he has your attention.
- c. Avoid "squaring off with the coach" rather, turn your body slightly at an angle.
- d. Refer to the coach as "Coach" or "Coach Jones".
- e. Keep your communication brief and formal.
- f. Avoid joking and sarcasm.
- g. Adopt a neutral tone and avoid any personal remarks.
- h. Stick to the issue at hand in a straightforward way.
- i. Ask them to help with a problem player. Be sure to identify the problem in explicit terms, without making the player to be an evil person. Sometimes it's hard to do, but it can be accomplished with a careful choice of language.
- j. Remember: get used to the coach having the last say. This will most likely end the conversation.
- k. Remain calm under all circumstances. Let coaches have their say. When a coach approaches to protest or argue, adopt an instant "listening mode" and let the aggrieved individual finish his remarks. Don't interrupt.
- l. Use non-confrontational body language. To be aware of body posture, facial expression, head tilt and arm position, one must say, "I am going to appear receptive and contemplative. I can think best and measure my words that way. I am determined to not escalate the problem."
- m. If you make a mistake, admit it. A simple apology is sufficient; do not elaborate or rationalize (i.e. make excuses)



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- n. When a coach raises their voice, lower yours. A soft voice has a way of triggering a reciprocal soft reply.
- o. Support fellow officials. Never betray partners by showing that you doubt their judgment. Instead, indicate faith in someone else's decision by saying the partner had a better view of a more favorable angle than the responding official or partner.
- p. Give praises to promote sportsmanship. When a coach makes a gesture of consideration for the opponents or towards the official, be sure to acknowledge it. Sometimes a smile and nod of the head are enough.
- q. Keep your ego under control. Often a mere glance will carry a significant message, whether it's negative or positive, whether it is meant to curtail dialogue or to encourage it. A quizzical expression can signal a desire for additional input, whereas a frown may denote closure.
- r. Don't use your hands when talking to a coach. Your gestures will reveal more than you'll want to convey.

Steven Richad

South Bay Instructional Chair



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QUESTIONS FOR THE WEEK

1. An invalid fair-catch signal may be given by a member of the kicking team.
2. A fair catch can be made in or behind K's neutral zone.
3. A simultaneous catch or recovery is a catch or recovery in which there is joint possession of a live
4. Contacting the opponent's face mask with the hand is not a face-mask foul unless the face mask is grasped.
5. If B1 clips A1 and B2 piles on after A2 is tackled, it is a multiple foul.
6. Towels have to be the same solid color for each player if worn.
7. An offensive player (except the runner) shall not grasp or encircle any teammate to form interlocked blocking.
8. A player or other person is out of bounds when any part of the person is touching anything, other than another player or game official that is on or outside the sideline or end line, and that player remains out of bounds until returning to the field with any body part touching the field and nobody part touching out of bounds.
9. For any free kick, a free-kick line, corresponding to a scrimmage line, is established for each
10. A defenseless player includes a receiver attempting to catch a pass.



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Answers

1. False [2-9-4, 6-5-1]
2. False [2-9-1, 6-5-2]
3. True [2-4-3]
4. True [9-4-3h]
5. False [2-16-2e, 10-2-4]
6. False [1-5-3a [5)a]
7. True [9-2-1b]
8. True [2-29-1]
9. True [6-1-1]
10. True [2-32-16b-c, 9-4-3p]